

**List of Core Items
Lebanon Community Food Pantry
September 2014**

Toilet paper

Toothpaste/tooth brushes

Soups: tomato, veggie beef, chicken noodle, cream of mushroom & broth

Canned beef stew & chicken n' dumplings

Canned chili or manwich

Canned spaghetti/ravioli

Canned tomato sauce/spaghetti sauce

Canned vegetables: green beans, corn, peas, carrots & potatoes

Canned pork n' beans/chili beans

Canned fruit

Peanut butter

Jelly

Canned meats: tuna, chicken, spam & salmon

Hamburger/tuna helper

Pasta: spaghetti, lasagna, etc.

Macaroni & cheese

Ramen noodles

Rice: 1lb boxes or bags

Instant mashed potatoes/potato mixes/rice mixes/pasta salad mixes

Cereal

Saltine crackers

Corn muffin mix

Cake mix & frosting

1lb boxes/bags of sugar

Vegetable oil (small bottles)

Jello